

## Coaching Philosophy

Radha Mahalingam, PCC | Executive Coach | Strategic Advisor

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### Why I Coach

I believe powerful leadership begins with clarity—of values, purpose, and intention. As a coach, I help people not just lead others more effectively but lead themselves more consciously.

With over 25 years of experience in executive leadership, technology strategy, and organizational transformation, I bring an integrative coaching approach grounded in systems thinking, behavior change, and reflective inquiry. My work is shaped by a deep understanding of high-performance cultures, complex decision-making environments, and the human challenges behind professional ambition.

Whether you're navigating transition, burnout, reinvention, or scale—coaching can help you reset your inner compass and move forward with confidence.

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### How I Coach

My coaching draws on multiple lenses:

- **Executive Strategy:** Grounded in business, boardroom, and leadership experience
- **Behavioral Science:** Informed by emotional intelligence, neuroplasticity, and habit design
- **Systems Thinking:** Understanding how identity, mindset, and environments interact
- **Reflective Practice:** Creating space for deep listening, intentional thought, and insight
- **Eastern & Western Wisdom:** Merging purpose, presence, and performance

Each coaching engagement is personalized—but always anchored in clarity, growth, and impact.

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### Who I Coach

- **Executives & Founders** facing scale, transition, or strategic reinvention
  - **Mid-career Professionals** seeking clarity, purpose, or life recalibration
  - **High Performers** managing burnout, overload, or inner resistance
  - **Financially Conscious Professionals** aiming for long-term independence
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## Coaching Modalities

### Executive Coaching

- Strategic clarity, leadership identity, and decision confidence
- Influence, presence, and navigating executive visibility
- Managing scale, complexity, and board-level alignment

### Life Coaching

- Intentional life design, values alignment, and purpose pursuit
- Time, energy, and habit optimization
- Navigating personal change, transitions, and self-renewal

### Personal Finance Coaching

- Financial planning and independence frameworks
- Budgeting discipline and wealth-building strategies
- Retirement and long-term peace of mind planning

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## Coaching Journey (What to Expect)

1. **Discovery Session:** Free 30-min clarity conversation
2. **Onboarding:** Goals, intake forms, logistics
3. **Regular Sessions:** Biweekly 1:1 virtual coaching
4. **In-Between Support:** Optional check-ins, reflection tools, or guidance
5. **Closing Review:** Reflections, outcomes, and forward direction

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## Credentials

- ICF-Certified Executive Coach (PCC)
- 25+ years in Fortune 500 leadership (IBM, PwC, DXC)
- MBA (Finance) – University of Georgia
- MCA (Computer Applications) – Pune University
- Certified Management Accountant (CMA)
- Wharton CTO Program Graduate

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## Ready to Begin?

Explore what coaching can unlock for you.



**Book a Discovery Call:** <https://calendly.com/rmkrishn/30min>



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